

Ignition Kit

Five days to reignite your purpose



Welcome to Soulfire!

Welcome, beautifulsoul. I'm so glad you are here. Whether you are emerging from a transition, feeling called to something more, or simply craving a deeper connection with yourself—this space is for you.

Within these next five days, you will move gently through reflection, release, and rediscovery. There's no rush. There's no right way. Just your truth, your voice, your soulfire—ready to rise.

*This is your sacred invitation to gently reconnect
with who you are after a lifetime of becoming.*

What to Expect Each Day:

- One gentle, guided prompt to support reflection and insight
- A daily affirmation to uplift and align you
- Quiet moments to listen to your own wisdom

How to Use This Kit:

- Find a quiet space with your journal and a favorite cup of tea or coffee
- Move at your own pace—this is your journey
- Be kind with yourself. Let your truth unfold softly
- Write freely - no editing, no judgment
- End your reflection with an affirmation

Day 2:

Letting Go Ritual

Purpose: Release outdated roles, expectations, or beliefs that no longer fit who you are becoming.

Exercise: On a piece of paper, list 3 roles or beliefs that feel heavy, expired, or untrue.

For example: "I must always be strong for everyone else," or "My value is tied to what I do."

1.

2.

3.

Now, one by one, read them aloud and say: "
Thank you for serving me.

I now release you with love."

Burn or tear the paper, and imagine those old scripts dissolving.

Affirmation:

*I am free to redefine who I am -
on my own terms*

Day 3:

The Inner Compass

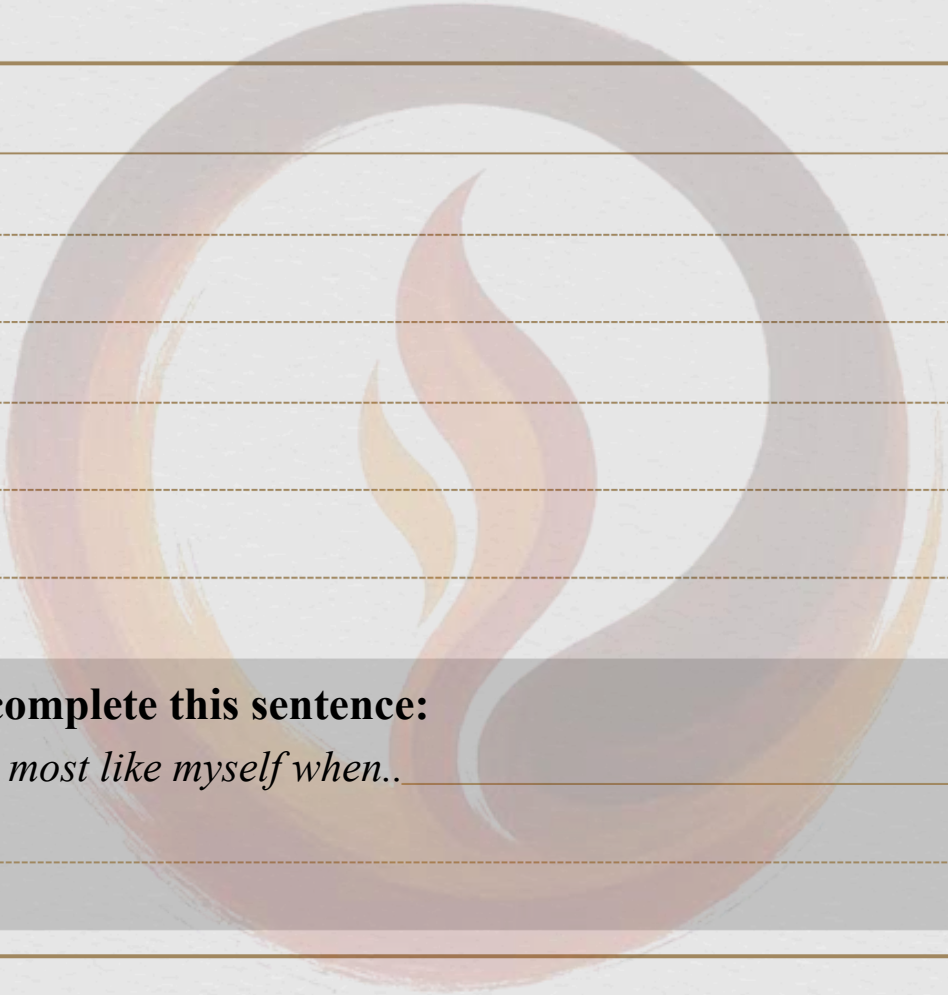
Purpose: Reconnect with your joy, your gifts,
and what lights you up.

Journal Prompt: Answer the following:

- What am I naturally drawn to - again and again?
- When do I feel most alive, peaceful, or in flow?
- What have I set aside that still whispers to be pursued?

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Notes



Then complete this sentence:

• *I feel most like myself when..*

Affirmation:

*My joy is my compass - and I trust
where it leads*

Day 4:

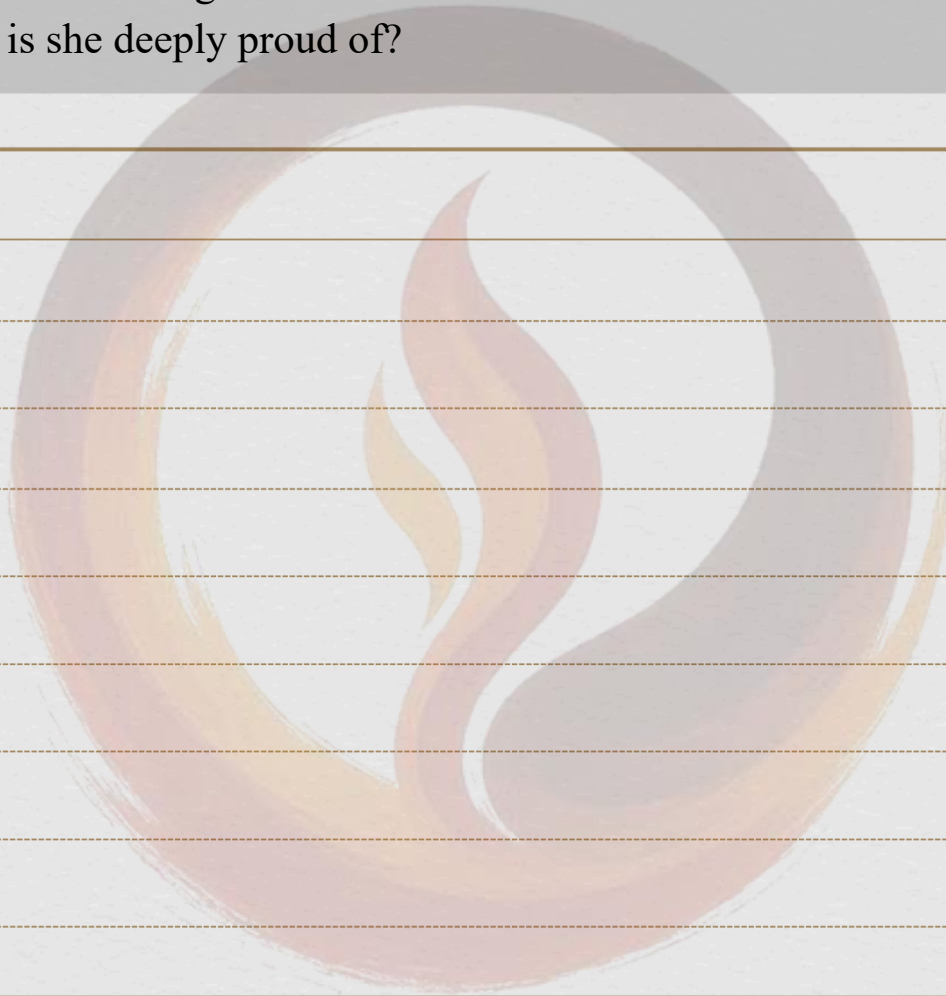
Reclaiming Your Voice

Purpose: Acknowledge your truth and speak it with power and love.

Journal Prompt: Write a letter to yourself from your future self - the wise, bold, radiant you who has already stepped into her next chapter. Let her speak directly to you:

- What does she want you to know?
- What has she let go of?
- What is she deeply proud of?

Notes



Affirmation:

My voice matters. My truth is sacred. My time is now.

Your Next Step

If this journey stirred something in you—if you are craving more clarity, purpose, and support—then let's talk.

You are invited to book a complimentary *Soulfire Purpose and Possibility Call* where we will explore where you are now, where you want to be, and how personalized coaching can help you rise into your next chapter.

>> Click [here](#) to schedule your free purpose and possibility call.

Or visit rainbowinthesky.com/soulfire for more information

You have already begun the most important part—listening to the quiet wisdom inside.

Let's keep going, together.

With love and fire,

Celeste

Your Soulfire Guide

NOTES:

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Start your transformational journey now!

or visit <https://rainbowinthesky.com/soulfire>